



CHEER ROCK! COMPETITION RULES AND REGULATIONS STREET ROCK CATEGORY

ELIGIBILITY

Every member of every squad must be at least 13 years old and above.

Teams must comprise at least 5 members to a maximum of 10 members. No Street Rockers may participate in more than one Street Rock team at the Cheer Rock! Competition, even in the event of an injury or emergency.

PERFORMANCE AREA

All squads competing will perform on a 12m x 12m wide soft, foamed floor mat. The mat will be placed over a flat concrete or wooden surface. Only sports sneakers will be allowed on the performance surface. It is important that your choreographed routine is not to exceed these measurements, because penalty points will be assessed for intentionally stepping outside the performance area. A 2-m boundary running on the perimeter of the 12m x 12m-performance area will be arranged as a warning, to prevent squads from breaching boundary violations. The judges will score only what occurs within the boundaries.

ROUTINE REQUIREMENTS

1. Each team will perform a choreographed routine of at least 3 minutes and not exceeding 5 minutes.
2. No voice-overs or words may be recorded to make the teams' vocal projection sound louder.
3. Organized, formal entrances that involve organized cheers or run-ons with jumps, tumbling, or stunts are not permitted. Street Rockers should enter the performance area in a timely fashion.
4. Timing will begin with the first organized word, movement, or note of music by the team after they are officially announced and have taken the floor.
5. Timing will end with the last organized word, movement, or note of music by the team. Teams must exit the performance area immediately following the routine.
6. Teams are encouraged to use safe and creative props in their choreography. (refer to safety rules below for definition of safe props)
7. Routines must be appropriate for family viewing. Any vulgar or suggestive movements, words, or music may result in disqualification. No tear-away uniforms or removal of clothing is allowed.
8. Boundary rules are in effect from the time teams enter the mat and remain in effect until they leave the mat after a maximum of 5 minute performance. Stepping on or touching the edge of the mat does not constitute a violation. They must noticeably touch out of bounds with an entire foot, hand or other body part for a violation to occur. Props may be partly touching out of bounds without a penalty. Members may only reach or touch out of bounds to discard props, but still may not step out of bounds. Doing so would result in a penalty.
9. Safely tossing props off the performance floor is acceptable.

SAFETY RULES

1. Stunts are **NOT** encouraged in the Street Rock segment. Emphasis should be placed on choreography and creativity. The Organisers and Judges reserve the right to cease any stunts if deemed unsafe.
2. The following props are allowed: flags, banners, megaphones, pom poms, and signs. Other creative props are allowed as long as it will not form a potential source of injury. Always check with The Organisers if unsure. Flags or banners with poles or similar support apparatus may not be used in conjunction with a stunt or tumbling. Electric signs and sharp objects are prohibited. The Organisers or Judges reserve the right to prohibit the use of unsafe props.
3. Sport shoes should be worn while competing, depending on the dance requirements; jazz shoes are permitted.